SHREWSBURY YOUTH RISK BEHAVIOR SURVEY

This survey is about health behaviors. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. If you do not understand a question you may choose to skip it. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be identified or reported.

Make sure you read every question. Fill in the circles completely. When you are finished, bring your survey packet and bubble sheet to the desk near the door. Place your bubble sheet in the envelope and your packet in the box.

Thank you very much for you help.

SHREWSBURY HIGH SCHOOL

High School Youth Risk Behavior Survey

1.	How old are you?	
If y	you are in Grade 9	If you are in Grade 11
a.	13 years old	a. 14 years old
b.	14 years old	b. 15 years old
c.	15 years old	c. 16 years old
d.	16 years old	d. 17 years old
e.	17 years old	e 18 years old or older

- What is your sex?
- Female a.
- Male b.
- In what grade are you? 3.
- 9th grade a.
- 10th grade b.
- 11th grade
- d. 12 grade
- Ungraded or other
- 4. Compared to other students in your class, what kind of student would you say you are?
- One of the best a.
- Above the middle b.
- In the middle
- Below the middle
- Near the bottom
- How often have your parents been involved in your school experience during the past year?
- Very involved
- b. Somewhat involved
- c. Not at all involved
- 6. Which of the topics covered in your Health Curriculum have your parents discussed with you in your home?

Grade 9

Grade 11 a. Disease Prevention

a. Mental/Emotional Health

b. Consumer Health

b. Human Sexuality

- c. Substance Abuse Prevention
- c. First Aid/CPR
- Are you involved in any extra curricular activities offered at Shrewsbury High School?
- Yes a.
- No b.
- Do you feel this was a successful year for you at Shrewsbury High School? 8.
- Yes a.
- b. No
- Which of the following best describes you?
- Heterosexual (straight) a.
- Gay or lesbian b.
- Bisexual c.
- d. Not sure
- 10. Is there at lease one teacher or other adult in this school that you could talk to if you had a problem?
- Yes a.
- b. No
- Not sure

The next 6 questions ask about personal safety

- 11. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?
- a. I did not ride a motorcycle during the past 12 months
- b. Never wore a helmet
- c. Rarely wore a helmet
- d. Most of the time wore a helmet
- e. Always wore a helmet
- 12. When you rode a bicycle during the past 12 months how often did you wear a helmet?
- a. I did not ride a bicycle during the past 12 months
- b. Never wore a helmet
- c. Rarely wore a helmet
- d. Most of the time wore a helmet
- e. Always wore a helmet
- 13. When you went skateboarding or inline skating during the past 12 months, how often did you wear protective gear (helmet, wrist/knee pads)?
- a. I did not go skateboarding or inline skating during the past 12 months
- b. Never wore protective gear
- c. Rarely wore protective gear
- d. Most of the time wore protective gear
- e. Always wore protective gear
- 14. How often do you wear a seat belt when riding in a car driven by someone else?
- a. Never
- b. Rarely
- c. Sometimes
- d. Most of the time
- e. Always
- 15. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
- a. 0 times
- b. 1 time
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or more times
- 16. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
- a. 0 times
- b. 1 time
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or more times

The next 10 questions ask about violence-related behaviors

- 17. During the past 30 days, on how many days did you carry a weapon such as a gun, knife or club?
- a. 0 days
- b. 1 day
- c. 2 or 3 days
- d. 4 or 5 days
- e. 6 or more days

- 18. During the past 30 days, on how many days did you carry a gun? a. 0 days
- b. 1 day
- c. 2 or 3 days
- d. 4 or 5 days
- e. 6 or more days
- 19. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
- a. 0 days
- b. 1 day
- c. 2 or 3 days
- d. 4 or 5 days
- e. 6 or more days
- 20. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school
- a. 0 days
- b. 1 day
- c. 2 or 3 days
- d. 4 or 5 days
- e. 6 or more days
- 21. During the past 12 months, how many times have you been bullied at school? (Being bullied includes being repeatedly teased, threatened, hit, kicked, or excluded by another student or group of students)
- a. 0 times
- b. 1 to 3 times
- c. 4 to 7 times
- d. 8 to 11 times
- e. 12 or more times
- 22. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?
- a. 0 times
- b. 1 to 3 times
- c. 4 to 7 times
- d. 8 to 11 times
- e. 12 or more times
- 23. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
- a. 0 times
- b. 1 time
- c. 2 to 5 times
- d. 6 to 11 times
- e. 12 or more times
- 24. During the past 12 months, how many times were you in a physical fight?
- a. 0 times
- b. 1 time
- c. 2 to 5 times
- d. 6 to 11 times
- e. 12 or more times
- 25. During the past 12 months, how often were you in a physical fight with an injured and were treated by a doctor or nurse?
- a. 0 times
- b. 1 time
- c. 2 to 5 times
- d. 6 to 11 times
- e. 12 or more times

- 26. During the past 12 months, how many times were you in a physical fight on school property?
- a. 0 times
- b. 1 time
- c. 2 to 5 times
- d. 6 to 11 times
- e. 12 or more times
- 27. Have you ever been hurt physically or sexually by a date or someone you were going out with? This would include being hurt by being shoved, slapped, hit or forced into sexual activity.
- a. No, I have never been hurt by a date or someone I was going out with
- b. Yes, I was hurt physically
- c. Yes, I was hurt sexually
- d. Yes, I was hurt both physically and sexually
- 28. Are you involved with a gang?
- a. Yes
- b. No

The next five questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is taking some action to end their own like.

- 29. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
- a. Yes
- b. No
- 30. During the past 12 months, did you ever seriously consider attempting suicide?
- a. Yes
- b. No
- 31. During the past 12 months, did you make a plan about how you would attempt suicide?
- a. Yes
- b. No
- 32. During the past 12 months, how many times did you actually attempt suicide?
- a. 0 times
- b. 1 time
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or more times
- 33. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
- a. I did not attempt suicide during the past 12 months
- b. Yes
- c. No
- 34. Have you ever purposely cut yourself as a reaction to overwhelming stress or bad feelings?
- a. Yes
- b. No
- 35. During the past 12 months, did you hurt or injure yourself on purpose without wanting to die? (For example, by cutting, burning, or bruising yourself on purpose?
- a. Yes
- b. No

The next 12 questions ask about tobacco use.

- 36. Have you ever tried cigarette smoking, even one or two puffs?
- a. Yes
- b. No
- 37. How old were you when you smoked a whole cigarette for the first time?
- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 to 12 years old
- d. 13 to 15 years old
- e. 16 years old or older
- 38. During the past 30 days, on how many days did you smoke cigarettes?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 39. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
- a. I did not smoke cigarettes during the past 30 days
- b. Less that 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 10 cigarettes per day
- e. More that 20 cigarettes per day
- 40. During the past 30 days, how did you usually get your own cigarettes? (select only one response)
- a. I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, vending machine, or gas station
- c. I gave someone money to buy them for me
- d. I borrowed them from someone else
- e. I stole them
- 41. During the past 30 days, were you ever asked to show proof of age when you tried to buy cigarettes?
- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes
- c. No
- 42. During the past 30 days, on how many days did you smoke cigarettes on school property?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 43. Have you ever smoked cigarettes daily, that is at least one cigarette every day for 30 days?
- a. Yes
- b. No
- 44. How many times have you tried to quit smoking cigarettes?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 5 times
- d. 6 to 9 times
- e. 10 or more times

- 45. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits or Copenhagen?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 46. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 47. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days

The next 5 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

- 48. During your life, on how many days have you had at least one drink of alcohol?
- a. 0 days
- b. 1 or 2 days
- c. 3 to 19 days
- d. 20 to 99 days
- e. 100 or more times
- 49. How old were you when you had your first drink of alcohol other than a few sips?
- a. I have never had a drink of alcohol other than a few sips
- b. 8 years old or younger
- c. 9 to 12 years old
- d. 13 to 16 years old
- e. 17 years old or older
- 50. During the past 30 days, on how many days did you have at least one drink of alcohol?
- a. 0 days
- b. 1 to 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 51. During past 30 days, how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
- a. 0 days
- b. 1 to 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days
- 52. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?
- a. 0 days
- b. 1 to 2 days
- c. 3 to 5 days
- d. 6 to 20 days
- e. All 30 days

The next 4 questions ask about marijuana use. Marijuana also is called grass, pot, weed, or reefer.

- 53. During your life, how many times have you used marijuana?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 20 times
- d. 21 to 99 times
- e. 100 or more times
- 54. How old were you when you tried marijuana for the first time?
- a. I have never tried marijuana
- b. 8 years or younger
- c. 9 to 12 years old
- d. 13 to 16 years old
- e. 17 years or older
- 55. During the past 30 days, how many times did you use marijuana?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 56. During the past 30 days, how many times did you use marijuana on school property?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times

The next 11 questions ask about cocaine and other drugs.

- 57. During you life, how many times have you used any form of cocaine, including powder, crack or freebase?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 58. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 59. During your life, how many times have you used ecstasy (MDMA, also called "E" or "X")?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 60. During you life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times

- 61. How old were you the first time you sniffed glue, breathed he contents of aerosol spray cans, or inhaled any paints or sprays to get high?
- a. I have never tried inhalants
- b. 8 years or younger
- c. 9 to 12 years old
- d. 13 to 16 years old
- e. 17 years or older
- 62. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 63. During your life, how many times have you used heroin (also called smack, junk, or China White)?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 64. During your life, how many times have you used Methamphetamines (also called speed, crystal, crank, or ice)?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 65. During you life, how many times have you taken steroid pills or shots without a doctor's prescription?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 66. During you life, how many times have you used any other type of illegal drug such as LSD (acid), PCP, mushrooms, Ketamine (Special K), Rohypnol (Roofies), or GHB?
- a. 0 times
- b. 1 or 2 times
- c. 3 to 19 times
- d. 20 to 39 times
- e. 40 or more times
- 67. During you life, how many times have you used a needle to inject an illegal drug into your body?
- a. 0 times
- b. 1 time
- c. 2 or more times
- 68. If you have injected an illegal drug into your body, which substance have you used:
- a. I have never injected illegal drug into my body
- b. Steroids
- c. Heroin
- d. Other
- 69. During the past 12 month, has anyone offered, sold, or given you an illegal drug on school property?
- a. Yes
- b. No

The next 5 questions ask about prescriptive drugs.

- 70. Have you ever intentionally misused or abused an over the counter drug sold in a drug store such as cough and cold medications for mind or mood altering purposes?
- a. Yes
- b. No
- 71. Have you ever intentionally misused or abused a drug prescribed to you by a doctor for mind or mood altering purposes?
- a. Yes
- b. No
- 72. Have you ever intentionally misused or abused a drug prescribed to someone else by a doctor for mind or mood altering purposes?
- a. Yes
- b. No
- 73. Have you ever given a prescriptive drug prescribed for you to someone else?
- a. Yes
- b. No
- 74. Have you ever sold a prescriptive drug to someone else?
- a. Yes
- b. No

The next 4 questions concern communication and education about sexuality and AIDS prevention.

- 75. During the past 12 months, about how often have you had a conversation with your parents or other adults in your family about sexuality or ways to prevent HIV infection, other sexually transmitted (STD's) or pregnancy?
- a. Not at all in the past 12 months
- b. About once in the past 12 months
- c. About once every few months
- d. About once a month
- e. More than once a month
- 76. Have you ever been taught about AIDS or HIV infection in school?
- a. Yes
- b. No
- c. Not sure
- 77. In school, have you been taught how to use condoms?
- a. Yes
- b. No
- c. Not sure

The next 14 questions concern sexual behavior.

- 78. Have you ever had sexual intercourse?
- a. Yes
- b. No
- 79. How old were you when you had sexual intercourse for the first time?
- a. I have never had sexual intercourse
- b. 11 years or younger
- c. 12 to 14 years old
- d. 15 to 16 years old
- e. 17 years or older

- 80. During your life, with how many people have you had sexual intercourse?
- a. I have never had sexual intercourse
- b. 1 person
- c. 2 to 3 people
- d. 4 to 5 people
- e. 6 or more people
- 81. During the past 3 months, with how many people did you have sexual intercourse?
- a. I have never had sexual intercourse
- b. 1 person
- c. 2 to 3 people
- d. 4 to 5 people
- e. 6 or more people
- 82. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
- a. I have never had sexual intercourse
- b. Yes
- c. No
- 83. The last time you had sexual intercourse, did you or your partner use a condom?
- a. I have never had sexual intercourse
- b. Yes
- c. No
- 84. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (select only one response)
- a. I have not had sexual intercourse
- b. No method was used
- c. Birth control pills
- d. Condoms
- e. Withdrawal
- 85. If condoms were available in all of the following places, to which one place would you be most likely to go if you wanted to obtain condoms?
 - (Select only one response)
- a. School
- b. Vending machines
- c. Local store/pharmacy
- d. Local health clinic
- e. Parents
- 86. How easy is it for you to get condoms?
- a. I have not tried to get condoms
- b. Easy
- c. Difficult, but possible
- d. I have no way to get condoms
- 87. Have you ever given or received oral sex?
- a. Yes
- b. No
- 88. How old were you when you had oral sex for the first time?
- a. I have never had oral sex
- b. 11 years or younger
- c. 12 to 14 years old
- d. 15 to 16 years old
- e. 17 years or older

- 89. With how many different people have you ever had oral sex?
- a. I have never had oral sex
- b. 1 person
- c. 2 to 3 people
- d. 4 to 5 people
- e. 6 or more people
- 90. How many times have you been pregnant or gotten someone pregnant?
- a. 0 times
- b. 1 time
- c. 2 or more times
- d. Not sure
- 91. Have you ever been tested for HIV infection or other sexually transmitted diseases (STD's) such as genital herpes, Chlamydia, sy0philis, genital warts?
- a. No
- b. Yes, I have been tested for HIV
- c. Yes, I have been tested for other STD's
- d. Yes, I have been tested for both HIV and for other STD's
- 92. Have you ever been told by a doctor or other health care professional that you had HIV infection or any other sexually transmitted disease (STD)?
- a. No
- b. Yes, and I have received medical treatment
- c. Yes, but I have not received medical treatment
- 93. During your life, has anyone ever had sexual contact with you against your will?
- a. No one has every had sexual contact with me against my will
- b. Yes, within the past 12 months
- c. Yes, more than 12 months ago
- d. Yes, both b and c

The next 7 questions ask about body weight.

- 94. How do you describe your weight?
- a. Very underweight
- b. Slightly underweight
- c. About the right weight
- d. Slightly overweight
- e. Very overweight
- 95. Which of the following are you trying to do about your weight?
- a. Lose weight
- b. Gain weight
- c. Stay the same weight
- d. I am not trying to do anything about my weight
- 96. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?
- a. Yes
- b. No
- 97. During the past 30 days, did you eat less food, fewer calories, or food low in fat to lose weight? or to keep from gaining weight?
- a. Yes
- b. No
- 98. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight? or to keep from gaining weight?
- a. Yes
- b. No

- 99. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim fast)
- a. Yes
- b. No

100. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

- a. Yes
- b. No

The next 5 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

101. During the past 7 days, how many times did you eat fruit or drink 100% fruit juices? (Do not count punch, Kool-Aid, sports drinks, or other fruit flavored drinks)

- a. I did not eat fruit or drink 100% fruit juice during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 to 2 times per day on average
- e. 3 to 4 times per day on average

102. During the past 7 days, how many times did you eat green salad?

- a. I did not eat green salad during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 to 2 times per day on average
- e. 3 to 4 times per day on average

103. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes or potato chips)

- a. I did not eat potatoes during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 to 2 times per day on average
- e. 3 to 4 times per day on average

104. During the past 7 days, how many times did you eat other vegetables such as carrots, peas, broccoli, etc? (Do not count green salad or potatoes)

- a. I did not eat other vegetables during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 to 2 times per day on average
- e. 3 to 4 times per day on average

105. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass)

- a. I did not drink milk during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 to 2 times per day on average
- e. 3 to 4 times per day on average

106. During the past 7 days, how many days did you eat something for breakfast?

- a. I did not eat breakfast during the past 7 days
- b. 1 to 2 times during the past 7 days
- c. 3 to 4 times during the past 7 days
- d. 5 to 6 times during the past 7 days
- e. all 7 days

The next 8 questions ask about physical activity and personal health activities

- 107.On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?
- a. 0 Days
- b. 1 to 2 days
- c. 3 to 4 days
- d. 5 to 6 days
- e. All 7 days
- 108. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?
- a. 0 Days
- b. 1 to 2 days
- c. 3 to 4 days
- d. 5 to 6 days
- e. All 7 days
- 109. On how many of the past 7 days did you exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?
- a. 0 Days
- b. 1 to 2 days
- c. 3 to 4 days
- d. 5 to 6 days
- e. All 7 days
- 110. How many hours of sleep each night do you average during the week?
- a. Less than 5 hours
- b. 5 hours
- c. 6 hours
- d. 7 hours
- e. 8 hours or more
- 111. On an average school day, how many hours do you watch TV?
- a. I do not watch TV on an average school day
- b. Less than 1 hour
- c. 1 to 2 hours per day
- d. 3 to 4 hours per day
- e. 5 or more hours per day
- 112.On an average school day, how many hours do you spend using a computer other than for school assignments?
- a. I do not use a computer other than for school assignments
- b. Less than 1 hour per day
- c. 1 to 2 hours per day
- d. 3 to 4 hours per day
- e. 5 or more hours per day
- 113. In an average month, how many hours do you spend on volunteer work, community service, or helping people outside of your home without getting paid?
- a. 0 hours
- b. 1 to 4 hours
- c. 5 to 9 hours days
- d. 10 or more hours
- 114. During the past 12 months, on how many sports teams did you play? (Any teams for school or community groups.)
- a. 0 teams
- b. 1 team
- c. 2 teams
- d. 3 or more teams

- 115. In an average week how many days do you go home after school and are without an adult in the house?
- a. An adult is always home when I return from school
- b. 1 or 2 days
- c. 3 days
- d. 4 days
- e. All 5 days
- 116. If you are home alone when you return from school how many hours are you without an adult in the house?
- a. An adult is always home when I return from school
- b. 1 hour
- c. 2 hours
- d. 3 hours
- e. 4 hours or more hours
- 117. Have you ever exposed your skin to tanning booths, or tanned at a salon?
- a. I have never exposed my skin to salon tanning
- b. 1-5 times
- c. 6 or more times
- d. I tan at a salon on a regular basis
- 118. Have you ever exposed your skin to spray tanning at a salon?
- a. I have never exposed my skin to salon tanning
- b. 1-5 times
- c. 6 or more times
- d. I tan at a salon on a regular basis
- 119. How often do you use sunscreen?
- a. Always
- b. Sometimes
- c. Never